

EMBASSY OF INDIA , BUDAPEST

भारत का राजदूतावास, बुडापेस्ट



JUNE 2021

INTERNATIONAL DAY OF YOGA 2021



The Embassy of India in Hungary and Bosnia & Herzegovina celebrated the International Day of Yoga (IDY) 2021 successfully at three locations in Hungary and one location in Sarajevo. On June 19th at Erzsebet Park in Esztergom, on June 20th at Athletic Centre, Margaret Island, Budapest, and on June 21st at Halászbástya or Fisherman's Bastion in Budapest. IDY was also celebrated at National Museum premises in Sarajevo, Bosnia & Herzegovina (BiH) on June 20th.



Due to pandemic related restrictions being gradually eased in Hungary & BiH, the Mission celebrated this year's IDY at a small scale, by choosing a few iconic & prestigious venues to mark the event. The event at Athletic Centre was conducted on June 20th in partnership with the Municipality of Budapest, where the Deputy Mayor Gy. Erzsebet Nemeth opened the programme followed by Ambassador Kumar Tuhin's address that emphasized the theme of this year's Yoga Day, "Yoga for health & wellness". The programme

started with common yoga protocol demonstrated by yoga teachers Melinda Irtl & Anita Revai-Bere and brand ambassador for yoga Andrea Bozo.



A rhythmic advance yoga techniques presentation was also done by the teachers accompanied by other yoga experts including Zsuzsa Komjati, President of Hungarian Yoga Teachers Association & Aniko Kotroczo and Deepak Anthwal, representatives from leading yoga organisation, Sarasvati Foundation. A good turnout of yoga enthusiasts was seen.



On June 21st, At Halászbástya, the Mayor of District 1 of Budapest Váradiné Márta Naszályi opened the Yoga Day programme followed by speech of Ambassador. The common yoga protocol was led by yoga teachers Preeti Narwade Mule, Guru Gita, Bhagirathi Chaitanya & Anita Revai-Bere who also conducted a mesmerising musical advance yoga presentation for the yoga participants. The event was made beautiful by the scenic backdrop of the iconic Fisherman's Bastion giving a unique panorama with its Neo-Romanesque architecture.



Preceding the main events at Budapest, Embassy also celebrated IDY at Esztergom in partnership with the municipality. Yoga teacher Shrinath Badiger led the yoga day at Esztergom on the banks of river Danube with the common yoga protocol. A short melodious handpan & tabla presentation was also done for the participants by Dr. Chirayu Bhole & Gabor Korosi.



The 7th IDY was also celebrated at Sarajevo at the prestigious national Museum in partnership with the Bosnia India Friendship Society by local teacher Velida Salihovic.



This year, a few unique yoga related activities were conducted. From June 14th, one of the yoga school partners in Sarajevo, Centar Transformacija started a 7-day series of Yoga Celebrations under different teachers.



A 2-day Yoga Press Meet was organised by the Embassy of India at India House where media persons & journalists from reputed media houses were invited for a brief introduction to Yoga & the theme for IDY in 2021. Thereafter, during an informal interaction and healthy Indian meal, the journalists were briefed about the Yoga Day events in Hungary by the Embassy of India.



A special Yoga Flash Mob was held at 10 locations in partnership with Hungarian Yoga Teachers Association which received a very enthusiastic response. Last but not the least, a vibrant Yoga & Cultural event was organised for the young patients under 12 years, who not only practiced Yoga enthusiastically but also enjoyed the special 'Kathak' dance performance by young students from the Amrita Shergil Cultural Centre.

7th EPISODE OF INDIA IN HUNGARY DIALOGUE

This month's India in Hungary Dialogue focussed on 'Ayurveda' through an in-depth dialogue with Professor & Doctor, Ivan Szalkai. The episode registered a large number of reach of around 21000 views. This was the 7th episode of India in Hungary Dialogue series and was livestreamed on all social media platforms. The full interview can be seen at <https://youtu.be/GoZCp-dFb-M>

An in-depth interview series on India-Hungary Relations

Episode 7 of INDIA HUNGARY DIALOGUES

June 26th, 12:00 pm

Growth of Ayurveda in Hungary

Dr. Ivan Szalkai, Associate Professor, Vice president of the Hungarian Scientific Society of Ayurveda

Dr. Anna Aidan, Indologist

https://www.facebook.com/IndiaInHungary | https://twitter.com/IndiaInHungary

https://www.instagram.com/indianembassy | https://www.youtube.com/user/EOIBUDAPE

CULTURAL EVENTS ORGANIZED BY AMRITA SHERGIL CULTURAL CENTRE

In the month of June, Amrita Sher-Gil Cultural Centre started with the Closing Ceremony of the Hindi

Orientation Course which marked the end of one year of Hindi language classes. In a virtual programme, Dr. Maria Negyesi conducted the closure of the course, beginning with a message by Ambassador Kumar Tuhin.

Embassy Of India In Hungary

Amrita Sher-Gil Cultural Centre

Celebrating 7th International Day Of Yog

Pallavi Upadhyay, Millet Specialist, India

Balázs Varga, Vegan Nutritionist

Anoothi Vishal, Food Writer

Pataki Adam, Pastry Chef

To Build Immunity

Fight Illnesses

Interactive Lec-Dem Food For Thought Webinar Talks & Videos

How to adopt healthy habits to build immunity

June 19th

Beata Bognar, Art of Living, Budapest

Dr. Asmita Wele, Professor, Ayurveda

5:30 pm

Eating healthy & Ayurveda

Yoga for health & wellness of humanity

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A Kathak dance presentation was given by Sonali Roy followed by a dance drama by artists of Varanasi based on the epic poem 'Ram Ki Shakti Puja' by Hindi poet 'Nirala'. Subsequently, the month was dedicated to activities, quizzes, contests related to the 7th International Day of Yoga on the theme, 'Yoga for health & wellness of humanity'. The curtain raiser of 7th IDY was done at India House with a disciplined Yoga session by the staff of Embassy of India.

The cultural centre organised several activities in the run-up to the main event like 'Countdown Videos' of 75 Days to go by 15 well known yoga teachers, brand ambassadors from Hungary and BiH, followed by a 'Yoga Posture Photo Contest' and 'Healthy Recipe Contest'. Two Webinars were held on 'Mantras for Meditation' for the Yoga students of Bosnia and an interactive 'Healthy Eating habits according to Ancient Philosophy' for Hungarian yoga enthusiasts where a live Millet recipe was cooked by expert Pallavi Upadhyay from the organisation 'Millets For Health' in India. Winners of the healthy recipe contest received meal vouchers from well

known bistros in Hungary.



PM MODI PARTICIPATES IN 47TH G7 SUMMIT

At the invitation of UK Prime Minister Boris Johnson, Prime Minister Shri Narendra Modi participated in the Outreach Sessions of the G7 Summit on 12 and 13 June in virtual format. The theme for the Summit was 'Build Back Better' and the UK has outlined four priority areas for its Presidency. These are leading the global recovery from coronavirus while strengthening resilience against future pandemics; promoting future prosperity by championing free and fair trade; tackling climate change and preserving the planet's biodiversity; and championing shared



values and open societies. This was the second time PM Modi participated in a G7 meeting. India had been invited by the G7 French Presidency in

2019 to the Biarritz Summit as a "Goodwill Partner" and Prime Minister participated in the Sessions on 'Climate, Biodiversity and Oceans' and 'Digital Transformation'.

PASSPORT SEVA DIVAS

The Ministry of External Affairs held a special event on a virtual platform to mark the Passport Seva Divas on 24 June 2021 in commemoration of the enactment of the Passports Act on 24 June 1967. The External Affairs Minister, Dr. S. Jaishankar, and the Minister of State for External Affairs, Shri V. Muraleedharan, addressed the Passport Officers through video conferencing. In his Keynote Address, External Affairs Minister noted and commended the dedication and determination of all Passport Offices in rendering the passport and passport-related services, even in the face of adversity. ([https://www.mea.gov.in/Speeches-Statements.htm?dtl/33943/Keynote Address by External Affairs Minister on Passport Seva Divas 2021](https://www.mea.gov.in/Speeches-Statements.htm?dtl/33943/Keynote_Address_by_External_Affairs_Minister_on_Passport_Seva_Divas_2021)) The remarks of the Minister of State for External Affairs may be found at [https://www.mea.gov.in/Speeches-Statements.htm?dtl/33945/Remarks by Minister of State for External Affairs on Passport Seva Divas 2021](https://www.mea.gov.in/Speeches-Statements.htm?dtl/33945/Remarks_by_Minister_of_State_for_External_Affairs_on_Passport_Seva_Divas_2021)

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